

GRATITUDE

ST. ROSE DOMINICAN HEALTH FOUNDATION

SUMMER 2018



1 October Response

Excellent medical care, collaboration and humankindness defined
St. Rose Dominican Hospitals in a time of community crisis.

*From Left: Siena Campus ER Medical Director, Dr. Heber Phillips;
Siena Campus Trauma Medical Director, Dr. Sean Dort; and Community Ambulance CEO, Rob Richardson.*



Photo by DanSun Photo



Rob Richardson, CEO
Community Ambulance

WHAT WE'RE COVERING

With heartfelt gratitude, we're covering our staff and community's incredible response to the 1 October tragedy. We're also highlighting the incredible care premature babies receive in our Neonatal Intensive Care Unit (NICU).

- 4 Honoring a Life and Our Healing Garden; Sherrie's Saints; Lynne Ruffin-Smith Charitable Foundation
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UNDER FIRE. UNDETERRED.

St. Rose's partner, Community Ambulance, was the contracted medical provider for the Route 91 Harvest Festival. Its 21 team members, like the musicians and concert goers, were under fire. They provided immediate medical aid and expedient transportation to area hospitals. Community Ambulance also communicated and coordinated with all area ambulance services – and brought in additional staff – to ensure every available ambulance in the valley was operational.

THE UPS & DOWNS OF GRATITUDE

Increase your social connectivity.

When you thank people, they are more apt to seek an ongoing relationship with you.

Decrease your physical aches and pains. A grateful mindset can lower blood pressure, strengthen the immune system and reduce levels of aches and pains.

Increase your psychological wellbeing. An attitude of gratitude reduces toxic emotions such as envy, resentment, frustration, and regret.

Gratitude lightens the soul

Dear Friends,

Sr. Phyllis Sikora, OP, our Area Vice President of Mission Integration, calls gratitude an intentional good. An example of this kind of good is thanking those who respond to the suffering of the ill and injured.

Sister saw the impact that gratitude had on our medical professionals and first responders following the 1 October tragedy. It helped them begin to heal their hurts, remain committed to emotionally charged work and find contentment in it.

We are here to help you make meaningful connections between your appreciation for Dignity Health - St. Rose Dominican Hospitals, our caregivers, and charitable giving.

As you read this issue of Gratitude, consider how philanthropy funded St. Rose's response to the 1 October tragedy – and is empowering everyday citizens to provide life-saving aid. Find out how fundraising supports preemies and the independence of vulnerable senior citizens. And notice how Rosalina King and Paul and Rose McCarthy expressed their appreciation for St. Rose's physicians and nurses through a planned gift to their "medical home." Then, allow us to help you find the perfect opportunity to express intentional good through giving.



With gratitude,

Charlie Guida
President

St. Rose Dominican Health Foundation

We thank our Board members for generously giving of their time and talents!

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TO CONTACT THE FOUNDATION, PLEASE CALL
(702) 616-5750 OR VISIT SUPPORTSTROSE.ORG

VEGASSTRONG

HONORING A LIFE AND OUR HEALING GARDEN



Lynne Ruffin-Smith Charitable Foundation donates \$50,000 to recognize St. Rose employees

“St. Rose cared for my wife when she was sick, and I saw how hard the staff worked and how dedicated they were to her,” says R.T. Smith. “I felt it was important to recognize the employees with a donation and to thank them for their humankindness.”



Lynne Ruffin-Smith Charitable Foundation

“It’s a good day to have a good day.” – Sherrie Gahn

Stephen “Steve” Gahn lived his wife’s favorite phrase throughout his seven-month fight against a highly aggressive form of leukemia. He made each day that he was hospitalized a good day by completing a two-mile walk through the hallways, meeting Sherrie in the Healing Garden to talk and play with their puppy, and doing his utmost to make his oncologists laugh.

“We had a strong marriage and our last months together were wonderful because Steve’s doctors helped him live life with cancer on his terms,” says Sherrie, referring to oncologist Rupesh Parikh, M.D. and internist Jennifer Raroque, M.D. “They even made sure to schedule all of Steve’s treatments around his daily routine. Their medical expertise was infused with the honesty and sense of hope we needed to live our best lives regardless of the outcome.”

As Steve succumbed to cancer, he assured Sherrie, “I absolutely loved my life. I had a good life.” To ensure that his goodness and gratitude live on, Sherrie reached out to the Health Foundation to make a gift. “I was told that you can lose your loved one twice. The first loss is their physical death. The second loss comes when people stop speaking their name,” says Sherrie. “Remembering Steve and recognizing the value of the Healing Garden by sponsoring the bench where he loved to sit, keeps his name and the hope and gratitude we felt alive.”

To learn more about giving gifts of remembrance, call 702-616-5750.

Sherrie Gahn and her sons, Geoffrey & Gregory.



SHERRIE’S SAINTS

Internist Jennifer Raroque, M.D. proved a reassuring presence for Sherrie Gahn. She understood Steve’s cancer professionally – and deeply empathized with Sherrie personally as her husband once battled the same form of leukemia. Dr. Raroque and oncologist Rupesh Parikh, M.D. recently received a St. Rose “Saint” pin for the extraordinary care they provided the Gahn family.

ST. ROSE DOMINICAN'S 61ST ANNUAL GALA "LAUGHTER IS THE BEST MEDICINE"

St. Rose Dominican's 61st Annual Gala celebrated the power of laughter, music, the hospital's legacy and humankindness supported by presenting sponsors Calvin and Tina Tyler of the Tyler Foundation, Radiology Associates of Nevada, and Pueblo Medical Imaging. Funds were raised for life-saving and life-enhancing services including cardiovascular, neurosurgery, pediatric, and orthopedic programs. "When our donors and friends come together in support of St. Rose, it's powerful

medicine," said Charlie Guida. "We are grateful for everyone who helped make the evening so meaningful."

In addition to the Humankindness Awards presented, the star-studded evening featured band headliner The Rock Pack plus Alex Reymundo, Jon Dorenbos, The Kristef Brothers, Noah Galloway, celebrity Chef Rick Moonen, and many others.



Humankindness Awards - St. Rose 1 October First Responders (representing all staff):

Dr. Heber Phillips, Dan Lake, Pat Walthour, Kay McGraw, Charles McKinney, Dr. Jiashou Xu, Dr. Sean Dort and Melissa Walker.



Humankindness Awards - Community Ambulance 1 October First Responders:

Robert Richardson, Noah Galloway, Glen Simpson and Howard Sheppard.



Celebrating Home

High school sweethearts Calvin and Tina Tyler have moved ten times, yet they continue to call Baltimore, Maryland home. It's where they met and married – and where Calvin attended college. They expressed their gratitude for their hometown by establishing a \$5 million endowment that provides students from low-income families full-ride scholarships to Calvin's alma mater, Morgan State University.

Calvin and Tina also call Henderson home. After Calvin retired as UPS Senior Vice President for U.S. Operations, they settled in southern Nevada. The Tylers show appreciation for their home away from home – and the critical care Tina received at St. Rose – by serving as the Presenting Sponsor of the hospital's annual Celebration. Calvin says, "Each Celebration provides us another opportunity to recognize St. Rose's exceptional care and support the hospital's healing ministry."



*The Rock Pack:
John Payne,
former lead vocalist of ASIA.*

100 TO 1

RISING TO THE LEVEL OF NEED

Trauma surgeon Dr. Jiashou Xu's first night on duty at Dignity Health - St. Rose Dominican Hospital's Siena Campus was not what he expected. After receiving a call around 11 p.m. on Sunday, October 1, 2017, he was alerted that gunfire had erupted on the Las Vegas Strip and that hundreds of Route 91 Harvest concert attendees had been shot or injured trying to escape the attack. He immediately called Dr. Sean Dort, Trauma Medical Director/Siena Campus.

It only took Dort a second or two to realize that Dr. Xu was serious – and two minutes to initiate a major incident alert, get dressed and head to the hospital. Within twenty minutes, Dr. Dort and St. Rose Dominican trauma teams stood ready to receive incoming victims. Following the nation's largest mass shooting, colleagues across the country sought Dr. Dort's insight on how the Siena Campus Level III Trauma Center effectively delivered the highest level trauma care to an onslaught of victims, including many with life-threatening gunshot wounds. Dr. Dort has a comprehensive list of what went right. Here are just three examples:

Focus, Commitment, and Collaboration. *In times of crisis, our team's focus must be on what's in front of us: victims. To respond to trauma without being overwhelmed by emotions or the rigor of the work, there must be a plan in place ahead of time. We strive to exceed trauma center standards set by the American College of Surgeons by planning and routinely practicing hospital and community-wide responses to major incident calls. We are proud to promote collaboration among area hospitals and first responders to ensure that if we get a call, we are all prepared to answer it.*

Physical Capacity and Fundraising. *The completion of the Siena Campus's Dominican Tower and Trauma Center in late 2016 enabled us to stage an efficient response. If the tragedy had occurred just two years ago, we would have triaged many trauma victims in hallways. But with generous gifts made to the Siena Campus's Dominican Tower and Trauma Center capital campaign, we have a total of 56 emergency bays, four new trauma bays, and six new surgical suites. As our goal is to be ever ready, raising additional capital to expand in response to community growth is a continued priority.*

Facility Function and Flow. *Our new trauma center isn't just bigger; it also flows better. It's strategically designed to facilitate faster, potentially life-saving transitions of patients between trauma bays, diagnostic imaging, and surgical suites.*

“In the Face of brokenness, gratitude has the power to heal. In the Face of despair, gratitude has the power to bring hope.”

– Robert Emmons

We are grateful for our community's and donors' support of the hospital – and the patients in our care – during a time of tragedy.

Dr. Sean Dort



BLEED

Route 91 Harvest Festival victims received top-quality medical care and support services from St. Rose's Siena, San Martín, and Rose de Lima campuses, but they did not receive a bill. The hospital absorbed the costs of care to alleviate financial stress the victims might experience. The community responded to the hospital's compassionate gesture with generosity. St. Rose received \$80,000 in donations toward its Charity Care program.

BY THE NUMBERS

87 Victims treated at St. Rose Dominican's three acute care campuses, including 36 with gunshot wounds

Victims treated at Dignity Health Neighborhood Hospitals **10**

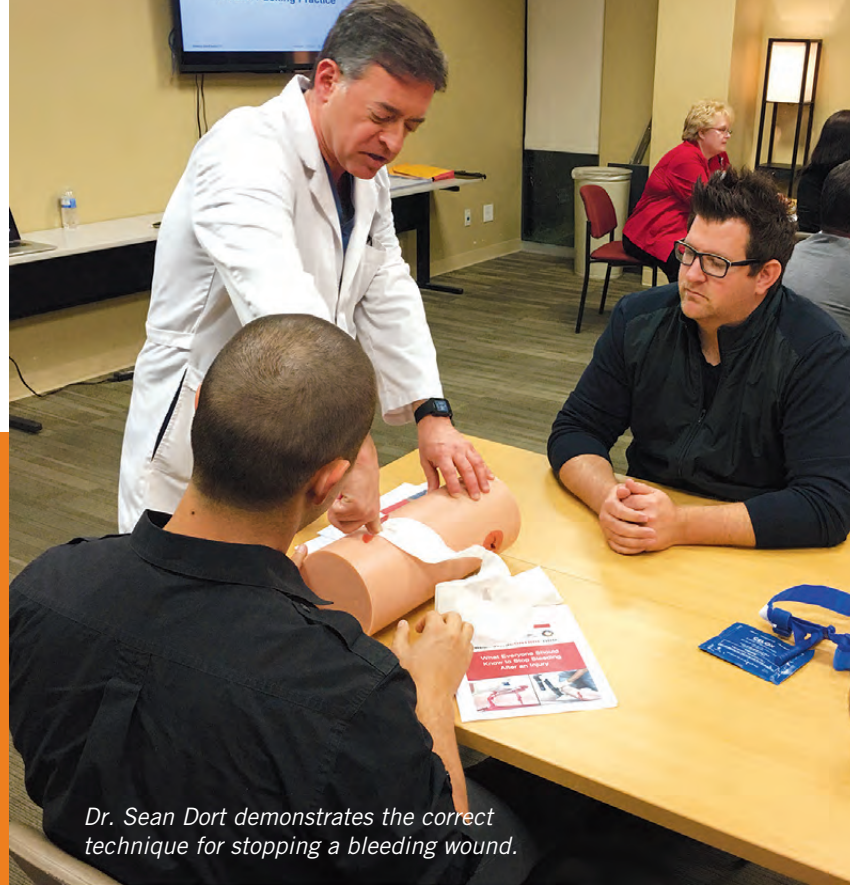
0 Victims billed for St. Rose's services

Victims transported by Community Ambulance **75**

\$37,000 Smith's donation supported by shoppers

\$20,000+
Interim Health employee donations

\$10,000 Foundation Board Stop the Bleed donations



Dr. Sean Dort demonstrates the correct technique for stopping a bleeding wound.

Immediate Response Saves Lives

In the immediate aftermath of the 1 October tragedy, St. Rose Dominican Health Foundation board members led and supported a \$10,000 campaign to launch Stop the Bleed – a campaign to equip the public to stop or slow life-threatening bleeds. “We train our community to provide CPR – and to use AED devices in response to sudden cardiac arrest,” says Kim Dokken, RN, Senior Director, Neuroscience Service Line, Trauma & Stroke, “We’re now equipping the public with the know-how and tools to apply tourniquets, apply direct pressure, and pack bleeding wounds.”

According to Dokken, the national Stop the Bleed program is based on findings that survival rates for intentional mass casualty events can be increased by empowering the public to attend to bleeding wounds until police and emergency medical services are available. The training developed in response to major incidents also prepares people to respond to severe bleeds resulting from home, work, road or recreational injuries. St. Rose's trauma team is partnering with the City of Henderson in a progressive plan to install Stop the Bleed stations in places such as government buildings, schools, churches and event venues.

To make a gift in support of Stop the Bleed, call 702-616-5750 or visit supportstrose.org. For more information on Stop the Bleed classes, call 702-616-4900 or visit dignityhealth.org/las-vegas.

HOCKEY

A DONOR NIGHT AT THE GOLDEN KNIGHTS' GAME

HEALS

Megan and Steve Keith



Charlie Guida and Jeri Crawford



Marty and Donna Kravitz, Larry Schiffman, Aleshia Osemwengie, Carol Schiffman, Barbara Davis



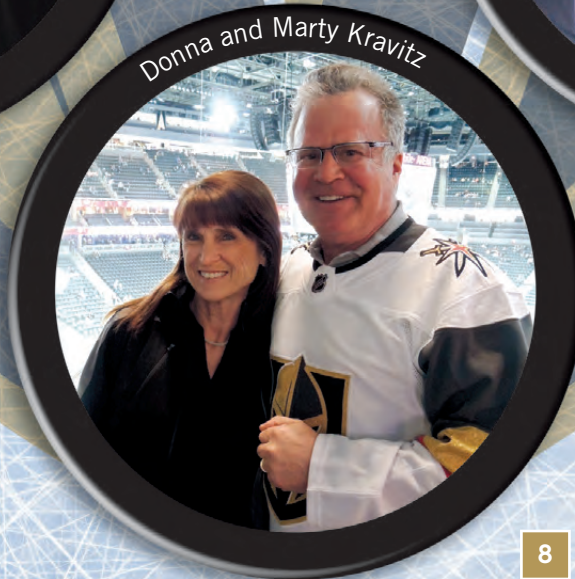
Eve Williams and Darren Blanford



Travis Keys, Saville Kellner, Dan Bernbach



Donna and Marty Kravitz



Gene and Sherry Bassett, Charlie Guida



Doug and Nikki Robison



LENDING SENIORS IN NEED A HELPING HAND

Losing independence is a concern among our aging population. Dignity Health - St. Rose Dominican's community outreach initiative – Artie J. Cannon Helping Hands of Henderson – responds by providing seniors who face chronic medical conditions, fragility, and financial challenges with transportation and support services that enable them to live independently longer.

At 83, Harold (pictured) is healthy but fragile, and he no longer drives. Helping Hands provides him rides to medical appointments, and has driven him to St. Rose Senior Peer Counseling sessions to talk through the loss of his wife. One afternoon, Harold felt weak when trying to get into the Helping Hands van. "Cerise (pictured) noticed I looked faint, so she grabbed my hand, helped me back up to my house, and called my daughter," said Harold. He assured Cerise that he was feeling okay, but after driving her other client to a doctor's appointment, Cerise rounded back to check on Harold.

"I'm grateful she came back. I had lost consciousness for a

few seconds and was confused," says Harold. Cerise called 9-1-1 and waited with Harold until his daughter and EMS arrived. "The St. Rose Helping Hands program is so helpful and wonderful I can't put it into words."

We think Harold described the hospital's program beautifully! Helping Hands is supported by community donations and grant funding from the Regional Transportation Commission of Southern Nevada, MGM Resorts Foundation, Bank of America and the State of Nevada. To assist Helping Hands in meeting its funding needs, call 702-616-5750. To volunteer as a driver, call Jane Camburn at 702-616-4432.



Create a Meaningful Legacy with a Planned Gift

Recently, the Health Foundation received two generous planned gifts to support St. Rose Dominican Hospital. Rosalina King left her home, valued at over \$250,000, to the hospital in her will in appreciation for the wonderful care she received at the San Martín Campus. She took the necessary legal steps to ensure that the hospital she valued so highly would benefit. Similarly, Paul and Rose McCarthy were so grateful for Paul's care at the Siena Campus that they left part of their estate, valued at \$8,500, to the hospital. These donors believed in the mission, vision and values that the hospital represents.

A planned gift offers the opportunity to secure income for you and your family and benefit from current tax incentives while helping St. Rose Dominican Hospital provide health care, education, and other vital services for the underserved. There are many options for planned giving such as gifts of real estate, charitable gift annuities, bequests, and beneficiary designation. Our Foundation staff can meet with you and your estate attorney to help determine the best approach. Please contact the Foundation at 702-616-5750 and schedule a meeting today.

THE LINCY FOUNDATION NEONATAL INTENSIVE CARE UNIT

IMPORTANT PROCESS IMPROVEMENTS FOR PREMIES' HEALTH

Dignity Health – St. Rose Dominican is committed to reducing the rates of dangerous intraventricular hemorrhage (IVH), necrotizing enterocolitis (NEC), sepsis, and lung issues among babies who are born early, ill or both.

Dr. Deepa Nagar, Medical Director/ Neonatal Intensive Care Unit (NICU), is proud of St. Rose's efforts and its transparency. The hospital voluntarily reports its NICU statistics and standards to the Vermont Oxford Exchange, a nonprofit collaborative dedicated to improving the quality and safety of medical care for newborn infants and their families through a coordinated program of research, education, and quality improvement projects. St. Rose also reports the occurrence and outcomes of numerous threats to the health of its tiny, vulnerable patients to MEDNAX Pediatrix.



"We use our data, national data and training techniques to engage our entire team – from admitting clerks to nurses and physicians to respiratory therapists – in making step-by-step improvements that benefit our NICU babies," says Dr. Nagar. Here she shares a few examples of St. Rose's commitment to excellent neonatal intensive care:

Baby Friendly. As Southern Nevada's first Baby Friendly hospital, St. Rose promotes an exclusively human breast-milk diet to help protect premature babies from developing a dangerous intestinal issue called necrotizing enterocolitis (NEC). Breast milk is such powerful medicine that when a NICU mom is unable to nurse her baby, we provide certified donor breast milk and the highest quality nutritional supplements at no additional expense. If this helps prevent just one case of surgical NEC, we spare the family heartache – and we save the family, hospital, and community approximately

\$5 million dollars in healthcare costs. St. Rose has not had a case of NEC in more than three years.

Antibiotic Stewardship. Antibiotics are commonly overprescribed in NICUs. While antibiotics can help fight infections, their overuse can lead to late-onset sepsis, a leading cause of death among premature babies. Through careful monitoring of when to use antibiotics and for how long, St. Rose has one of the nation's lowest rates of late-onset sepsis.

Opioid Intervention. Babies born to women who used opioids during pregnancy are often premature and can suffer devastating symptoms of withdrawal known as Neonatal Abstinence Syndrome (NAS). On average, these fragile newborns spend a month in the NICU. We offer babies multiple comfort care measures and provide the Ursula Miller Cuddle Room, an overnight stay room that gives parents home-like experiences in attending to their preemie's needs before the baby is released from the hospital.

Additionally, St. Rose recently received grant funding from the State of Nevada to develop a pilot program to address the needs of pregnant women, new mothers, and newborns.

Support St. Rose Dominican's three-stage plan to remodel all of its Maternal Child Care, NICU, pediatric and pediatric intensive care rooms. To learn how a donation of any size will help, call 702-616-5750 or visit supportstrose.org.



Mother Iliana with baby Valentina

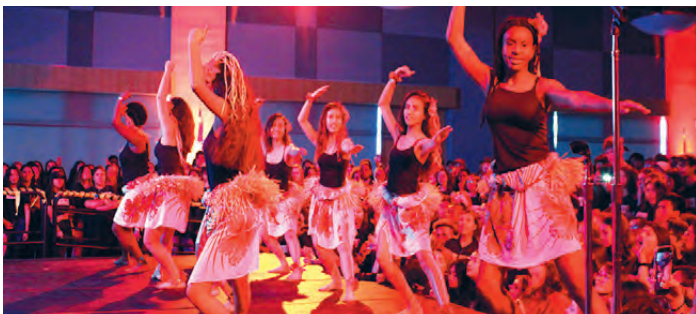


**Children's
Miracle Network
Hospitals**

A KINDHEARTED KID AND A TOUGH TRUCK

The truck Landon received at Children's Miracle Network Hospitals' Christmas party is Ram Tough. Landon is tough, too. He's endured surgeries, routine blood draws, daily catheterizations, and will need his one working kidney replaced. Landon also oozes a kindheartedness which his parents believe is empowered by the humankindness of Dignity Health - St. Rose Dominican Hospitals and Children's Miracle Network Hospitals (CMNH).

Landon and his older sister Brynlee were born with urinary system defects. While Brynlee's issues pale in comparison to Landon's complications, her medical bills took nearly eight years to pay off. That's why Landon's parents chose St. Rose for his care. As a not-for-profit, St. Rose serves all patients regardless of financial status, and strives to help find healthcare coverage to meet every family's level of need.



Miracle Moves! Nearly 1,200 high school students moved and grooved their way to raising \$35,000 for Children's Miracle Network Hospitals during the annual High School Dance Marathon.



Every Dollar Counts! Children's Miracle Network Hospitals at St. Rose was recently recognized for achieving the highest percentage of fundraising growth in a medium-sized market. We are grateful for every dollar our community donates to help us serve children in need.

BECOME A MIRACLE MAKER

Team up with St. Rose through any of these CMNH events to help fund medical miracles! Every dollar raised will benefit the medical care and support services that sick and injured children receive at St. Rose.

Through December 31, 2018

Dine at Panda Express and donate your change, round up your bill, or buy an iconic paper balloon.

May 1 to 31, 2018

Shop Smith's Food & Drug and buy an iconic paper balloon.

May 1 to 31, 2018

Shop Costco and buy an iconic paper balloon.

June 1 to August 2, 2018

Buy an iconic paper balloon at a participating Dairy Queen through Miracle Treat Day on Thursday, August 2 when \$1 or more from every Blizzard Treat sold will support St. Rose's neonatal and pediatric care.

August 27 to September 30, 2018

Shop at Love's Travel Stops and buy an iconic paper balloon.

August 3 to 5, 2018

Shop Ace Hardware and make a \$5 Miracle Bucket Day donation to receive an iconic five-gallon bucket plus a 20 percent discount on items that fit in the bucket.

August 27 to September 23, 2018

Shop Walmart and Sam's Club and buy an iconic paper balloon.

November 11, 2018

Join Extra Life, a 24-hour gaming marathon, and play any game you choose from home while fundraising! Register at www.extra-life.org!

For more information on supporting CMNH, please reach out to:

Debi Walsh (702) 616-5755
debi.walsh@dignityhealth.org

Jason Williams (702) 616-5756
jason.williams@dignityhealth.org

102 E. Lake Mead Parkway
Henderson, NV 89015

MAKE A GIFT FROM THE HEART

A gift from the heart of any size empowers St. Rose's continual efforts to enhance and expand its commitment to excellence in cardiac care. To learn more about the hospital's heart healthy vision, contact Ric Miller at 702-616-5738 or Richard.Miller@dignityhealth.org. Or donate to the St. Rose Dominican Health Foundation at supportstrose.org, 3001 St. Rose Parkway, Henderson, NV 89052 or call 702-616-5750.

Heart Services on the Horizon

San Martín Hybrid Operating Room Suite – A hybrid OR suite provides heart doctors the cath lab technology with which to diagnose heart problems and perform catheter procedures. It also offers the space and equipment to perform open heart surgery, if necessary, without the need to move the patient to a separate surgical suite.

Siena Campus Inpatient Cardiac Rehabilitation Unit – The suite will offer tailored, monitored exercise programs and educational programs designed to help cardiac patients recover, restore their confidence, and realize improved well being.

Congestive Heart Failure (CHF) Inpatient and Outpatient Services Clinic – CHF is a chronic disease caused by the heart's inability to pump enough blood and oxygen to support other organs. The CHF clinic will save and increase the quality of patient's lives and decrease their cost of care by reducing hospital admission, readmissions and improving their coordination of outpatient care.



Our Heartfelt Thanks to the FOE!

The Fraternal Order of Eagles (FOE) is an international non-profit dedicated to "The Order of Good Things." Quality health care is valued as a good thing, and local FOE Aerie #1213 recently raised donations for St. Rose's Cardiac Services. Presenting a \$2,500 check to Charlie Guida (left) are (from left) Dennie Georgette, Carmen James, and Mary Georgette.

MARK YOUR CALENDAR!

Please join us for upcoming St. Rose Dominican Health Foundation events. For more information, please call (702) 616-5750.

May 1-31, 2018

Smith's Food & Drug and Costco

June 1 - August 2, 2018

Dairy Queen

**Children's Miracle Network
Hospitals Balloon Fundraisers
(see page 11)**

Buy an iconic paper balloon at a participating location. Every dollar raised will benefit the medical care and support services that sick and injured children receive at St. Rose.

October 13, 2018

**10th Annual Rose Regatta
Dragon Boat Festival**

**Now a Las Vegas Dragon Boat Club
event.**

For more information, please call
Terry Maurer at (702) 497-3385 or
tk.maurer@cox.net.

Contributions to the St. Rose Dominican Health Foundation may be tax deductible pursuant to the provisions of section 170(c) of the Internal Revenue Code of 1986, 26 U.S.C. 170(c).

October 2018

**Swing For St. Rose
Golf Tournament**

The golf tournament is moving to October!

For more information on sponsorships, registering a team or reserving your spot, please call Barbara Davis at (702) 616-5762 or email Barbara.Davis@DignityHealth.org.